

Christen E. Clower, Ph.D.

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PROFESSIONAL LICENSURE

November 2004 Licensed Clinical Psychologist
To State of Texas
Present License No.: 32554

CURRENT PROFESSIONAL AFFILIATION

May 2008 Clinical Psychologist
To Denton Psychological Services, Denton, TX
Present Director

EDUCATION AND TRAINING

September 2003 Postdoctoral Fellowship
To Dallas Veterans Affairs Medical center, Dallas, TX
September 2004 Director of Training: James K. Besyner, Ph.D.

August 2003 Doctor of Philosophy, Clinical Psychology
University of North Texas, Denton, Texas
APA approved Clinical Psychology Program
Major Professor: Kenneth W. Sewell, Ph.D.
Written Comprehensive Examination: Passed August 2000

August 2002 Clinical Psychology Internship
To Napa State Hospital, Napa CA
August 2003 Psychology Internship Director: Richard Lesch, Ph.D.

Doctoral Dissertation: Pregnancy Loss: Disenfranchised Grief and Other
Psychological Reactions Following Pregnancy Loss.
Proposal Date: April 2001
Defense Date: July 2003
Major Professor: Kenneth W. Sewell, Ph.D.

May 1998 Master of Science, Psychology
University of Southwestern Louisiana, Lafayette, LA
Major Professor: Robert K. Bothwell, Ph.D.

Master's Thesis: Inmate Recidivism and the Five-Factor Model of Personality.

Proposal Date: August 1997

Defense Date: May 1998

Major Professor: Robert K. Bothwell, Ph.D.

May 1996 Bachelor of Arts Psychology, Magna Cum Laude
Centenary College of Louisiana, Shreveport, LA

May 1996 Bachelor of Arts Music, Magna Cum Laude
Centenary College of Louisiana, Shreveport, LA

PROFESSIONAL PUBLICATIONS AND PRESENTATIONS

Clower, C. E. & Sewell, K. W. (2004). Adjustment following pregnancy loss. *The Forum*, Newsletter of the Association of Death Educators and Counseling.

Clower, C. E., Sewell, K. W., Harrison, K. S., Neimeyer, K. M., & Piper, L. J. (2004). Factors facilitating adjustment following pregnancy loss. Poster Presented at the annual convention of the American Psychological Association. Honolulu Hawaii.

Sewell, K. W. & Clower, C. E. (2002). Speaking the self into social existence. Review of S. Wortham, *Narratives in Action: A Strategy for Research and Analysis*. New York: Teachers College Press. *Journal of Constructivist Psychology*, 15, 233-243.

Clower, C. E. & Bothwell, R. K. (2001). An exploratory investigation of the relationship between the big five and inmate recidivism. *Journal of Research and Personality*, 35, 231-237.

Clower, C. E., & Hardie, J. C. (2001, October). *Getting into graduate school*. Symposium presented at the annual meeting of the Texas Psychological Association, Austin, Texas.

Shafer, M. E., Durrant, S. L., Clower, C., Long, M. M., & Schraufnagel, C. (2000, September). *Getting into graduate school*. Symposium presented at the annual meeting of the Texas Psychological Association – Tri-State Convention, Dallas, Texas.

CLINICAL EXPERIENCE

January 2005 Staff Psychologist
To Counseling Center of Denton, Denton, TX
April 2008 Director: Cindy Jacobson, M.Ed., L. P. C.

SUPERVISED CLINICAL EXPERIENCES

- September 2003
To
September 2004
- Postdoctoral Psychology Fellow
Dallas Veterans Affairs Medical Center
Dallas, TX
- Responsibilities: Participation on an interdisciplinary treatment team on the substance abuse service of a major medical center. Cofacilitated group therapy, taught a psychoeducational class on relapse prevention with in a residential rehabilitation treatment program, planned and carried out clinical interventions, developed and implemented treatment plans for both inpatient and outpatient veterans. Conducted individual psychotherapy with clients regarding a range of psychological issues. Conducted psychological assessments addressing referral questions including diagnostic clarification and cognitive and personality functioning. Provided supervision for a predoctoral psychology intern.
- Client Population: Inpatient and outpatient military veterans with a wide range of diagnoses on Axis I and Axis II. Frequent diagnoses included PTSD, Substance Dependence, Psychotic disorders, Mood Disorders, Anxiety Disorders, and Personality Disorders. Patients in this population frequently carry multiple diagnoses.
- Director of Training: James K. Besyner, Ph.D.
- Direct Supervising Psychologist: Patricia K. Jackley, Ph.D.
- August 2002
To
August 2003
- Predocloral Clinical Psychology Intern
Napa State Hospital
Napa, CA
- Responsibilities: Participation on an interdisciplinary treatment team on an inpatient unit in a forensic hospital setting. Cofacilitated group therapy, assisted in clinical interventions, assisted in treatment planning and behavioral planning. Conducted individual psychotherapy with clients throughout the hospital. Performed assessments with clients throughout the hospital addressing referral questions including risk for dangerous behavior, trial competency, malingering, diagnostic clarification, functional behavioral analysis, and cognitive and personality functioning.
- Client Population: Chronic and severe Axis I and Axis II disorders including Schizophrenia, Schizoaffective Disorder, Major Mood Disorders, Substance dependence Disorders, and multiple Axis II diagnoses including Personality Disorders and mental Retardation. Patients in this population frequently carried multiple diagnoses and were forensically committed.
- Psychology Internship Director: Richard Lesch, Ph.D.
- June 2000
To
May 2002
- Student Clinician, Therapy Practicum
University of North Texas Psychology Clinic
Denton, Texas
- Responsibilities: Therapy included individual, couples, and group therapy.

Emphasized a variety of approaches including Interpersonal, Cognitive-Constructivist, Gestalt, Family Systems, and Constructivist. Adults and adolescents diagnosed with a variety of DSM-IV diagnoses. Participated in weekly team meetings on a vertical practicum team, received one-hour of supervision per week from a licensed psychologist, and supervised less advanced team members. Provided emergency and intake services for the clinic.

Client Population: Schizoaffective Disorder, Bipolar Disorder, Major Depressive Disorder, Anxiety Disorders, Substance Abuse Disorders, Adjustment Disorders, Alzheimer's Disease, and Axis II Disorders, were seen for therapy in the clinic.

Supervisors: Thomas L. Boyle, Ph.D., Randall J. Cox, Ph.D., Richard Rogers, Ph.D., ABPP, Kenneth W. Sewell, Ph.D., and Amy M. Williams, Ph.D.

June 1999
To
May 2000

Student Clinician, Assessment Practicum
University of North Texas Psychology Clinic
Denton, Texas

Responsibilities: Assessment gained from a wide variety of student and community populations. Cognitive and personality batteries were performed on numerous clients. Participated in weekly team meetings on a vertical practicum team, received one-hour of supervision weekly from a licensed psychologist, and supervised less advanced team members. Provided emergency and intake services for the clinic.

Client Population: Adolescents and adults from the university and community presenting with a variety of difficulties including learning disorders, attention deficits, anxiety problems, Axis II disorders, and mood disorders.

Supervisors: Thomas L. Boyle, Ph.D. Randall J. Cox, Ph.D. and Richard Rogers, Ph. D., ABPP

August 1998
To
May 1999

Student Clinician, Pre-Practicum
University of North Texas Psychology Clinic
Denton, Texas

Responsibilities: Participated in weekly team meetings on a vertical practicum team, received at least one-hour of supervision per week from upper level students, and observed upper level students performing assessments and providing therapy. Provided emergency and intake services for the clinic.

Supervisor: Charles A. Guarnaccia, Ph. D.

RESEARCH EXPERIENCE

June 2001
To
May 2002

Graduate Research Assistant
University of North Texas
Denton, Texas

Responsibilities: Assisted in preparation of various research projects,

conducted literature searches, and co-authored a book review. Maintained various databases, managed multiple clerical tasks. Assisted with the planning, organization, and implementation of interviews for incoming graduate students. Assisted with the data collection and formal writing of the 2002 Self Study prior to the site visit by APA for reaccreditation of the program.

Supervising Faculty: Kenneth W. Sewell, Ph. D.

January 1999
To
August 2001

Undergraduate Research Assistant Coordinator
University of North Texas
Denton, Texas

Responsibilities: Recruited and screened applicants for undergraduate research positions. Coordinated assignment of research assistants. Managed associated paperwork.

Supervising Faculty: Kenneth W. Sewell, Ph. D.

August 1998
To
July 2003

Graduate Research Team
University of North Texas
Disenfranchised Grief: Bereavement and Other Psychological Reactions
Following Pregnancy Loss

Responsibilities: Designed and carried out original research to meet Doctoral Dissertation requirement. Completed literature review and design of methodology. Statistical analysis, formal written presentation, and oral defense. Attended weekly team meetings to support other students in their research.

Supervising Faculty: Kenneth W. Sewell, Ph. D.

August 1997
To
May 1998

Masters Thesis
University of Southwestern Louisiana
Inmate Recidivism and the Five-Factor Model of Personality

Responsibilities: Designed and carried out original research to meet Masters Thesis requirement. Completed literature review, design of methodology, statistical analysis, formal written presentation, and oral defense.

Supervising Faculty: Robert K. Bothwell, Ph. D.

TEACHING EXPERIENCE

September 2007

Adjunct Professor: Developmental Psychology

- To
December 2007
University of North Texas
Duties: Assumed complete responsibility for the course four weeks into the semester, organized class structure, prepared lectures, held office hours, classroom instruction, examination preparation, graded assigned term papers, assignment of final grades, and supervised a teaching assistant. (75 students)
Supervising Faculty, Linda Marshall, Ph. D.
- August 1999
To
May 2002
University of North Texas
Duties: Complete responsibility for the course including created syllabus, organized class structure, prepared lectures, held office hours, classroom instruction, examination preparation, graded assigned term papers, assignment of final grades, and supervised a teaching assistant. Courses taught included; Developmental Psychology [Fall 2000, Spring 2002 (200 students)], Introduction to Psychology II [Fall 1999, Spring 2000, Spring 2001 (225 students)], and Psychology of the Offender [Fall 2001 (75 students)].
Supervising Faculty, Ernest Harrell, Ph. D.
Teaching Mentor: Paul Lambert, Ph. D.
- January 2000
To
May 2000
University of North Texas
Duties: Held office hours, prepared lectures, classroom instruction (100 students).
Supervising Graduate Teaching Fellow, Mary K. Roberts, M. A.
Teaching Mentor, Paul Lambert, Ph.D.

Professional Service Activities

APAGS Committee Member – Chairperson, Committee for Students with Disabilities, August 2002 to January 2003, American Psychological Association of Graduate Students.

APAGS Campus Representative, 2000-2002, American Psychological Association of Graduate Students.

Student representative, 1999-2002, Graduate Association of Students in Psychology (clinical doctoral student liaison to the Clinical Committee)

Secretary, Division of Students in Psychology, 1999-2001, Texas Psychological Association.

Affiliations

Member, Collaborative Law Institute of Texas, November 2007 to present.

President, Denton County Collaborative Professionals, June 2015, to Present.

Vice-President, Denton County Collaborative Professionals, June 2014, to May 2015.

Secretary, Denton County Collaborative Professionals, June 2013, to May 2014.

Mental Health Professional Director, Denton County Collaborative Professionals, October 2008 to May 2009.

Member, Denton County Collaborative Professionals, November 2007 to present.

Member, Association of Family and Conciliation Courts, March 2006 to present.

Member, American Psychological Association, January 1999 to present.

ADDITIONAL PROFESSIONAL EXPERIENCES

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|-----------------------------------|---|
| March 1997 To June 1998 | Volunteer Sexual Assault Response Center Lafayette, LA <u>Responsibilities:</u> Worked a crisis hotline several nights per month. Managed incoming crisis calls, assessed risk for self-harm when necessary, made appropriate community referrals, and completed appropriate documentation. <u>Supervisor:</u> Kimberly Campbell Biggerstaff, B. A. |
| September 1995 To June 1996 | Volunteer YMCA of Shreveport, Louisiana Shreveport, LA <u>Responsibilities:</u> Worked a crisis hotline several nights per month. Managed incoming crisis calls, assessed risk for self-harm when necessary, made appropriate community referrals, and completed appropriate paperwork. <u>Supervisor:</u> Eileen Czerwinski, M. A. |

HONORS and AWARDS

Centenary College of Louisiana: Alumni Scholarship (Academic Scholarship, Full Tuition, Four Years) 1992-1996.

Member of Psi Chi (National Honor Society in Psychology) since 1995; President 1995-96.

Member of Alpha Chi (National Honor Society in Academics) since 1994.

Member of Omicron Delta Kappa (National Honor Society in Academics) since 1994.

REFERENCES

Patricia K Jackley, Ph.D.
Staff Psychologist
Department of Veterans Affairs Medical
Center
4500 South Lancaster Road
Dallas, Texas 75216
(214) 857-0530

Cindy D. Jacobson, M.Ed. L.P.C.
Director: Counseling Center of Denton
1512 Scripture
Denton, Texas 76201
(940) 382-5328

Richard Lesch, Ph.D.
Psychology Internship Director
Department of Psychology
Napa State Hospital
2100 Napa-Vallejo HW
Napa, California 94558
(707) 253-5308

Department of Psychology
University of North Texas
P. O. Box 311280
Denton, Texas 76203
(940) 565-2761

Kenneth W. Sewell, Ph.D.
Vice President for Research
203 Whitehurst
Oklahoma State University
Stillwater, Oklahoma 74078
(405) 744-6501

Amy Williams, Ph.D.
600 Parker Square, #210
Flower Mound, Texas 75028
(214) 783-7369

Richard Rogers, Ph.D., ABPP
Regents Professor